

Empower Your Workforce with Training

License our IDD-specific, person-centered health and safety training eLearn courses for your organization.

The Fatal Five Fundamentals*

Duration: 4-6 Hours

Gain essential knowledge on the Fatal Five. This course clearly defines each of the Fatal Five, covering how to identify them, who is at risk, what to report, and when to escalate to a medical manager or seek emergency care.

The Fatal Five Advanced

Duration: 6.5-8.5 Hours / 8 Nursing CEU Credits

Gain a detailed, clinical look at the Fatal Five. This course emphasizes training support staff to recognize each condition, understand its health and safety implications, and promptly report any concerns as they arise.

The Fatal Five for Case Managers

Duration: 5.5 Hours

Oversee and advocate to prevent the Fatal Five. This course equips Case Managers with the knowledge to enhance the well-being of those they support, while strengthening their effectiveness as advocates and stewards of health and safety.

Trauma-Informed Support Course*

Duration: 3 Hours

Support healing through informed, compassionate care. Learners explore how trauma shapes behavior and relationships for people with IDD and develop practical strategies for responding effectively.

Person-Centered Thinking Training: Orientation to Person-Centered Thinking (PCT)*

Duration: 30 Minutes

Start your journey into the life-changing world of person-centered approaches. Gain a good, general grasp on the foundations of person-centered practices as well as how and why the field of IDD utilizes these skills and techniques.

Person-Centered Thinking Training: Applying Person-Centered Thinking (PCT) Approaches*

Duration: 2 Hours

Bring about a person-centered cultural shift in delivery methods and approaches. Change how you deliver support while beginning to shift the culture of your organization to one that is person-centered on all levels.

Person-Centered Thinking Training: Supporting People with IDD*

Duration: 9 Hours

This course equips frontline supporters with the Person-Centered Thinking skills they need to deliver respectful, dignified support to people with intellectual and developmental disabilities — honoring who each person is while supporting their health and well-being.

Person-Centered Thinking Training: Supporting People Who Are Aging

Duration: 9 Hours

This course equips frontline supporters with the Person-Centered Thinking skills they need to deliver respectful, dignified care to older adults — honoring who each person is while supporting their health and well-being.

Actions Speak Louder Than Words*

Duration: 40 Minutes

Spot changes in baseline behavior that may indicate pain, illness, or an underlying issue. Learn how behavioral cues can signal medical concerns and how supporters can identify and report those changes quickly.

Understanding and Recognizing Pain in People with IDD*

Duration: 25 Minutes

Pain often presents differently in people with IDD. This course teaches supporters how to recognize behavioral, physical, and emotional indicators of pain and how to document and communicate concerns to healthcare professionals.

Effective Communication for Direct Support Professionals*

Duration: 35 Minutes

Strengthen communication skills that support person-centered relationships. Learn how behavioral cues, communication preferences, and environmental factors influence how people with IDD express needs, emotions, and discomfort.

Understanding Polypharmacy*

Duration: 25 Minutes

Explore the risks associated with multiple medications and learn strategies for recognizing medication-related concerns so they can be addressed with healthcare professionals.

Plate it Safe: Avoiding Mealtime Risks*

Duration: 45 Minutes

Identify the "Dangerous Dozen" mealtime practices that can create serious health risks. Supporters learn how to recognize unsafe environments, support prescribed diets and texture modifications, and promote safe, respectful mealtime practices.

Diet and Meal Planning for Provider Agency Staff*

Duration: 35 Minutes

Learn how to interpret diet orders, plan meals that meet individual dietary needs, and prepare food safely while respecting personal preferences and dignity.

Physical and Nutritional Health Supports*

Duration: 3 Hours

A person-centered approach to occupational and physical therapy principles. Supporters learn how therapy techniques can promote mobility, safety, and independence in daily activities.

Techniques in Proper Maintenance of Durable Medical Equipment*

Duration: 30 Minutes

Recognize signs of medical equipment issues and understand how routine maintenance supports safety. This course covers wheelchair fit, identifying user discomfort, and reporting concerns appropriately.

A Guide to Manage Choking*

Duration: 1 Hour

Understand the causes of choking, who may be at risk, and strategies for reducing that risk. Supporters learn what actions to take if choking occurs and how to prevent incidents before they happen.

Curriculum in IDD Healthcare

Duration: 4.5 Hours / 5 CMEs / 6 Nursing CEUs

This course was created and delivered by a physician for physicians and other clinicians. Users will gain a deeper understanding of the unique healthcare needs of those with IDD as well as pertinent, practical information that can be used immediately in their practices to improve outcomes.



Contact us today for a **free preview** and price quote of any of our eLearn courses!



* This course is accredited by the National Alliance for Direct Support Professionals. Credit is awarded based on the runtime of the course, which may differ slightly from the course duration times above.